



**KOKUSHOKUREN LEBANON**  
**ISKF ADEPTS**  
**SUMMER CAMP 2011**

国  
松  
空  
連

Dear Kokushokuren Members, Family, and Friends.... It's camping time!!!

After thoughtful consideration, we're planning to make your Kokushokuren camping experience a totally memorable one. This year's camp brings in a full schedule of fun, leisure, and of course, training in nature.

Activities are tailor-made for members and non-members of every age group. Some landmark activities include:

- 2 Trainings per Day
- Tasty Healthy Meals
- 2 Hours of Kids' Games per Day on Friday and Saturday
- Campfire on Saturday Evening
- Special Event on Sunday

Kokushokuren 2011 Summer Camp will take place between [Thursday, July 28, 2011](#) and [Sunday, July 31, 2011](#) at "Don Bosco", Fidar, Lebanon.

Facility includes private and common rooms, restrooms, showers, training area, food courts along with playgrounds for everyone. **We insure private rooms for parents.**

As usual Kokushokuren 2011 Summer Camp is covered for Group Insurance in case of any accidents.

**Tuition**

	Kids	Juniors (12 - 21)	Seniors
3 Full Nights / Days	\$65	\$75	\$80
1 Full Night / Day	\$25	\$28	\$30
Per Meal	\$10	\$10	\$10

\*All fees include room and board

\*All children 7 years and below must be accompanied by a parent

Registration Forms & Tuition are due BEFORE Friday, [July 21, 2011](#).

For questions and registration, please contact the following people:

- |                             |                          |                                 |
|-----------------------------|--------------------------|---------------------------------|
| - Rita - Christine - Wissam | Sacre Coeur              | 03/499033-03/956633- 03/093790  |
| - Hala - Salim - Ghaith     | Sahel Alma               | 03/838400- 03/456820- 70/173003 |
| - George Moussan            | Jeita Country Club       | 03/734045                       |
| - Miled - Ghaith            | Jbeil - Rimal            | 03/915071-70/173003             |
| - Nayla                     | Spring - Heian - Jamhour | 03/448901                       |
| - Hala - Rita               | Marina Club              | 03/838400 - 03/499033           |

[Spread the word to all family and friends...Looking forward to see you there.](#)

THANK YOU - KOKUSHOKUREN Committee



**KOKUSHOKUREN LEBANON**  
**ISKF ADEPTS**  
**SUMMER CAMP 2011**

国松空連

REGISTRATION FORM PER STUDENT, PARENT, OR VISITOR									
Name:									
Date of Birth:		Sex:		M		F	Rank:		
Group:		Seniors		Juniors		Kids			
Address:									
Region:		Country:				Dojo:			
Phone #:		Email:							
EMERGENCY CONTACT INFORMATION									
Person to contact in case of emergency:									
Relationship:						Contact number:			
MEDICAL INFORMATION									
Any recent injury:						Specific allergies:			
For children, Specific information:									
Medications:					Habits:				
Blood type:					Other:				
PLANNING TO ATTEND									
Please mark the Night/Day(s) or Meal(s) you will be attending.									
July 28		July 29			July 30			July 31	
	Full Night/Day		Full Night/Day		Full Night/Day			Lunch	
	Lunch		Lunch		Lunch				
	Dinner		Dinner		Dinner				
TO BE FILLED BY PARENTS ONLY									

I, \_\_\_\_\_ the undersigned, hereby allow my child \_\_\_\_\_, to participate in the Kokushokuren Summer Camp 2011.



**KOKUSHOKUREN LEBANON**  
**ISKF ADEPTS**  
**SUMMER CAMP 2011**

国  
松  
空  
連

## **What to Bring**

- At least 2 Karate GI's (for students only)
- Casual clothes (shorts, jeans, T-shirts, sweatshirts, socks, cap, etc ...)
- Other clothes (pajamas, slippers, underwear, etc ... for 4 days)
- Running shoes (1 or 2 pairs)
- Towels and personal toiletries (bath towel, facial towel, sponge, soap, shampoo, toothbrush, toothpaste, etc...)
- Linens, blankets (or sleeping bags), and pillow covers (pillows are available)
- Flashlight
- Social and outdoor game(s) (optional)
- Snacks

N.B.: Parents and Friends, please make sure to bring your sports outfits including shorts, t-shirts, and running shoes. Remember, everyone will be joining the fun.

## **Camping Rules**

- Private Rooms are available for parents only.
- Separate rooms are allocated for boys and girls; keep it that way!
- No alcohol.
- No fireworks. Strictly prohibited.
- Campers are expected to clean their rooms every day before breakfast.
- Campers are expected to keep bathrooms and showers clean after their use.
- Each camper will help in camp duties; Schedules will be shared at the camp.
- Kids will be paired up as buddies; Buddies will take care of each other.
- No wandering beyond the perimeter of the campgrounds.
- Training is mandatory for all Karate students.

## **Transportation**

- Rendezvous point at KOKUSHOKUREN Main Dojo at Sahel Alma On **Thursday, July 28, 2011** at 4:30 p.m.
- Shuttle bus will leave to “**Don Bosco Convent**”, Fidar at 5:00 PM
- Parents will pick up their children on Sunday 31 July at 2 p.m.
- Family and Friends are welcomed to join us to any meal (10\$ / meal)

**See you there...**

**THANK YOU – KOKUSHOKUREN Committee**